**TEST NO. 5**

**MENTORSHIP ASSESSMENT OF THE TEAM SPIRIT**

**Please read the following questions and mark with an "X" how much you agree or disagree with these statements about your team spirit using the following scoring system:**

**1 = never 4 = often/ frequently**

**2 = rarely 5 = very often**

**3 = sometimes**

**1. Even if you have a different point of view than others, do you take their opinions into account?**

**1 ……. 2 ……. 3 …… 4 ……. 5**

**2. Before making an important decision, do you consult with those involved in carrying out the activity?**

**1 ……. 2 ……. 3 ……… 4 ……. 5**

**3. Do you believe that teamwork is the basis of professional performance?**

**1 ……. 2 ……. 3 …… 4 ……. 5**

**4. Do you think that how other colleagues perform their activities should be your concern?**

**1 ……. 2 ……. 3 ……… 4 ……. 5**

**5. Do you often manage to work well with people who have different principles, values, from yours?**

**1 ……. 2 ……. 3 …… 4 ……. 5**

**6.** **Do you easily tolerate criticism of some of your actions/activities?**

**1 ……. 2 ……. 3 ……… 4 ……. 5**

**7. Does it bother you when colleagues involved in the common project do not meet the deadlines?**

**1 ……. 2 ……. 3 …… 4 ……. 5**

**8. Do you often feel admiration and respect for your colleagues that prove themselves more professionally competent than you?**

**1 ……. 2 ……. 3 ……… 4 ……. 5**

**9. Do you value long-term relationships so that others offer to help you when you need it?**

**1 ……. 2 ……. 3 …… 4 ……. 5**

**10. Do you agree with the saying: „where many more, there power will growth”?**

**1 ……. 2 ……. 3 ……… 4 ……. 5**

**11. Besides of working hours, do you often meet your colleagues to socialize?**

**1 ……. 2 ……. 3 …… 4 ……. 5**

**12. Do you actively participate in creating a positive, relaxed, friendly working climate?**

**1 ……. 2 ……. 3 ……… 4 ……. 5**

**13.** **In your life experience, have you proven yourself to be an empathetic person?**

**1 ……. 2 ……. 3 …… 4 ……. 5**

**14. Do you get a great satisfaction from helping others to solve complicated problems?**

**1 ……. 2 ……. 3 ……… 4 ……. 5**

**15. Do you have proper communication skills to express everyone's needs and to bring people together?**

**1 ……. 2 ……. 3 …… 4 ……. 5**

**SCORING:**

**The points obtained for all 15 questions are sum up.**

**Score 60 - 75**

**You are a person with high team spirit, sharing enthusiasm, inspiration, originality of proposals and friendship in the group projects.**

**You have a real potential for relating to others, you are a sociable and an agreeable person, accepted by colleagues and acquaintances. Both in the ordinary situations but, above all, during the troublesome situations, you get involved in solving the difficulties for the sake of the entire team benefit. Having very good communication skills, you can facilitate group cohesion, encouraging cooperation, collaboration and achieving performant results.**

**Score 60 – 30**

**You show a moderate team spirit. You are empathetic, able to diplomatically adapt to different personality profiles of your colleagues in the group dynamics, creating a positive and a friendly climate. Even though, you have a strong desire to get to know people more closely, but you are cautious, selective in accepting and building genuine interpersonal relationships. You are a good listener, cooperating effectively with all your colleagues, but you are less involved in solving the real problems that the team may face.**

**Score 30 – 15**

**Your behaviour describes a low team spirit, being more focused on the skills needed for your individual work, with a tendency to perform tasks independently to the team assumed projects. You believe that professional self-actualization and the achievement of personal aspirational levels require sustained individual effort. Although you are well anchored in the professional reality, you have a lower trust in others, being difficult for you to tolerate certain behavior acting against your principles. It is more difficult for you to adapt to a collective work style that requires a correct division of tasks, deadlines, dependant to the personality type of your teammates.**